



# Natural Playgrounds Store

Natural Playgrounds Company

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## Tug Rope

### SP-TUG

**Shipping Weight: 30 lbs**

**Shipping Dimensions: 18"L X 18"W X 14"H**

**Brand: Natural Playgrounds Company**

**Toxicity: non-toxic**

**Age Appropriateness: all ages**

Tug Rope, also known as tug-of-war and rope pulling, has very ancient origins going as far back as the eighth century BC. The sport was practiced in ancient Greece, Egypt, and China to train warriors, as a game of strength, for building strength, and to test the strength and endurance.

In 1800, seafaring men were required to tug on lines to adjust sails while ships were underway and in battle, so pulling was an excellent training exercise.

There are actually rope tugging clubs in many countries, with both men and women participating. As a matter of fact, the sport was part of the Olympic Games from 1900 until 1920, and is still part of the World Games. Both England and Scotland have Tug of War Associations, and the exercise was also part of the TV series Battle of the Network Stars.

This sport is played in almost every country in the world, so why wouldn't you play it at home or at school as a team building exercise, group exercise, collaborative experience, strength building activity, and so on?

This is such an inexpensive play element, that you can afford to have two or three so that several groups can participate.

Get one for your home so you'll have a fantastic game for picnics, family outings, neighborhood gatherings, birthday parties, and any number of other gatherings.

1.25" diameter rope is perfect for children 8+ and younger. The 1.5" rope is better for older children and adults. Each is ~25 feet long, and the smooth braided cotton won't hurt little hands.

Please specify which diameter you'd prefer.

If you cut the rope, wrap the ends with electrical tape to prevent fraying.

Great discount price!